

2021/22 | FITNESS & DANCE

MONDAY		TUESDAY		WEDNESDAY	
9:00-10:00am	Turn Up Dance Fitness Andi Harris	9:00-10:00am	Power Hour Alyce Brinkmann	9:00-10:00am	Turn Up Dance Fitness Andi Harris
4:30- 5:30pm	Musical Theater I (ages 6-8) Daniella Cairo	4:30-5:45pm	Ballet 2/3 Audrey Mazur	4:30-5:15pm	Kinder Hip Hop (Age 5-6)
5:45-6:45pm	Broadway Jazz (All ages 6+) Daniella Cairo	6:00-7:00pm	Jazz 2/3 Audrey Mazur	5:30-6:15pm	Hip Hop Beginning (Age 6-9)
7:00-8:00pm	Musical Theater II (ages 9+) Daniella Cairo	7:15-8:45pm	ADULT & Teen Ballet	6:30-7:15pm	Hip Hop Intermediate (Age 10+)
				7:30-8:30pm	Teen Hip Hop (Age 13+)

 = Fitness Class Options

THURSDAY		FRIDAY		SATURDAY	
9:00-10:00am	Power Hour Alyce Brinkmann	9:00-10:00am	Yoga	9:00-10:00am	Pre-Ballet & Tap (age 3-5) Juliette Oeffling
10:45-12:15pm	Adult Ballet Alyce Brinkmann			10:15-11:15am	Ballet 1 (age 6-9) Juliette Oeffling
4:30-5:30pm	Pre-Ballet & Tap (age 3-5) Juliette Oeffling			11:30am-12:45pm	Ballet 2/3 Juliette Oeffling
5:45-6:45pm	Ballet 1 Juliette Oeffling			12:45-1:45pm	Lyrical 2/3 Juliette Oeffling
6:45-7:45pm	Jazz 1 Juliette Oeffling				

All classes above will be conducted at the Village of Fox Lake Parks & Recreation Department Lakefront Studio.
Located at 71 Nippersink Blvd., Fox Lake, IL 60020

Illinois Dance Conservatory

Home Studio: 1251 N. Old Rand Rd., Wauconda, IL 60084

Satellite Studio: 71 Nippersink Blvd., Fox Lake, IL 60020

Web: www.ildanceconservatory.com

Email: dance@ildanceconservatory.com

Phone: (847)438-4500

Dance Class Schedule

Session 1 09/07/21 – 12/11/21
Session 2 01/03/22 – 03/26/22
Session 3 04/04/22 – 06/04/22

Fitness Schedule

Session 1 09/07/21 – 10/30/21
Session 2 11/01/21 – 01/22/22
Session 3 01/24/22 – 03/19/22
Session 4 04/04/22 – 05/28/22

Registration & questions regarding the program can be directed to IDC by phone or email.