

IDC Summer 2025
June 16 to July 25
Note: NO classes July 4th

MONDAY		TUESDAY		WEDNESDAY	
STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B
		8:30 - 11:30 am (LM & IDC) Level 4A & 4B • Ballet Technique 8:30-10a • Pre-Pointe/Stretch/Strength 10-10:30a • Classical Variations 10:30-11a		8:30 - 11:30 am (LM & IDC) Level 4A & 4B • Ballet Technique 8:30-10a • Pre-Pointe/Stretch/Strength 10-10:30a • Classical Variations 10:30-11a	
12:30 - 4:30 pm (IDC & Guest) Senior Level • Ballet Technique 12:30-2:30p • Pointe/Variations 2:30-3:30p • Repertoire, Contemporary Stretch/Conditioning 3:30-4:30p	12:30 - 4:30 pm (LM) (MB) (AKB) Level 5A & 5B • Ballet Technique 12:30-2:30p • Pointe/Variations 2:30-3:30p • Repertoire, Contemporary Stretch/Conditioning 3:30-4:30p	12:30 - 4:30 pm (IDC & Guest) Senior Level • Ballet Technique 12:30-2:30p • Pointe/Variations 2:30-3:30p • Repertoire, Contemporary Stretch/Conditioning 3:30-4:30p		12:30 - 4:30 pm (IDC & Guest) Senior Level • Ballet Technique 12:30-2:30p • Pointe/Variations 2:30-3:30p • Repertoire, Contemporary Stretch/Conditioning 3:30-4:30p	12:30 - 4:30 pm (LM) (MB) (AKB) Level 5A & 5B • Ballet Technique 12:30-2:30p • Pointe/Variations 2:30-3:30p • Repertoire, Contemporary Stretch/Conditioning 3:30-4:30p
5:30 - 7:45 pm (LM & IDC Faculty) Level 3A & 3B • Ballet Technique 1.5 hrs • Conditioning/Stretch 30 mins • Pre-Pointe/Floor Exercise 15 mins • OR Jazz/Lyrical 45 mins		5:30 - 7:45 pm (LM & IDC Faculty) Level 3A & 3B • Ballet Technique 1.5 hrs • Conditioning/Stretch 30 mins • Pre-Pointe/Floor Exercise 15 mins • OR Jazz/Lyrical 45 mins	5:00 - 6:00 pm (AG) • Pre-Ballet/Tap (3-5 yrs) 6:00 - 7:00 pm (AG) • Level 1 Ballet Technique 7:00 - 7:45 pm (AG) • Level 1 Jazz/Lyrical		
THURSDAY		FRIDAY		SATURDAY	
STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B
8:30 - 11:30 am (LM & IDC) Level 4A & 4B • Ballet Technique 8:30-10a • Pre Pointe/Stretch/Strength 10-10:30a • JUNE: Contemporary 10:30-11a • JULY: Classical Variations 10:30-11a				PRIVATE COACHING BY APPT	
12:30 - 4:30 pm (IDC & Guest) Senior Level • Ballet Technique 12:30-2:30p • Pointe/Variations 2:30-3:30p • Repertoire, Contemporary Stretch/Conditioning 3:30-4:30p		12:30 - 4:30 pm (IDC & Guest) Senior Level • Ballet Technique 12:30-2:30p • Pointe/Variations 2:30-3:30p • Repertoire, Contemporary Stretch/Conditioning 3:30-4:30p	12:30 - 4:30 pm (LM) (MB) (AKB) Level 5A & 5B • Ballet Technique 12:30-2:30p • Pointe/Variations 2:30-3:30p • Repertoire, Contemporary Stretch/Conditioning 3:30-4:30p		
5:00 - 6:15 pm (AG) • Level 2 Ballet Technique 6:15 - 7:00 pm (AG) • Level 2 Jazz/Lyrical 7:00 - 7:45 pm (AG) • Beginning Hip Hop		SUMMER PERFORMANCE **Level 4 thru Senior** FRIDAY JULY 25 at 5:30 - 7:30pm			

*All classes require a minimum student enrollment and are subject to change.